



Headache
and
Fever



Coughing
and
sneezing



You can
develop
Pneumonia



Sore
chest

You can
experience
different
symptoms when
you get the virus.



Running
nose



LIFE SKILLS
GRADE 6
CORONAVIRUS

What are the symptoms?

The signs and symptoms of Covid 19 are non-specific. This means that the disease presentation or its signs and symptoms can range from asymptomatic people (no obvious signs or symptoms) to those with mild symptoms (like those associated with the common cold) as well as severe respiratory illness (such as pneumonia). Signs and symptoms of Covid 19 may appear 2 to 14 days after exposure. This time after exposure and before having symptoms is called incubation period.

Most common symptoms

- Fever
- Dry cough
- Tiredness

Less common symptoms

- Aches and pains
- Sore throat
- Diarrhoea
- Conjunctivitis
- Headache
- Loss of taste or smell
- A rash on skin or discolouration of fingers or toes

Serious symptoms

- Difficulty breathing or shortness of breath
- Chest pain
- Loss of speech or movement

Seek medical attention if you have these symptoms. Always call before visiting your doctor or health facility.

Answer these questions

1. List 2 common symptoms
2. List 5 less common symptoms
3. List 2 serious symptoms
4. How long does it take for someone who is infected to show symptoms?
5. What should you do before visiting the doctor or health facility?
6. What is incubation period?

Adapted from internet